

# Tri-State Health Ministry Update

## UPCOMING TSHMO MEETING

**Date:** February 21, 2012 at 5:30

**Location:** VNA Hospice located at 610 E Walnut in Evansville, Indiana.

**Directions:** From Hwy 41 turn west onto Walnut Street; go several blocks down and VNA is on the right

**Speakers:** VNA Hospice; Lauren Rickelman (host) and Andrea Hayes from WBF on “Addressing the Obesity Epidemic”



2011 Report

End of Year

## ADVANCED FAITH COMMUNITY NURSE EDUCATION PROGRAM

Sister Jane A Will, OSB, PsyD, HSPP will present the Process of Theological Reflection in Faith Community Nursing in the morning. Participants will be introduced to a process of discovery of, and thinking about, God’s presence and activity in the events of daily life and the connection that has with one’s faith. The participant is introduced to a method of theological reflection that can be used for both personal and pastoral decision-making. The afternoon, presented by nurse practitioner and parish nurse,

Karen Claise, MSN, ACNP, BC, PN will focus on Wholistic Health of Adolescents and Young Adults including the common issues of health, growth and development, and spiritual development as it relates to adolescents and young adults. Spiritual assessment and spiritual caregiving interventions will be discussed. Co-provided with the Tri-State Health Ministry Organization.

**Date:** Saturday, April 21, 2012. 9AM to 3:00PM

**Location:** Memorial Lodge -2590 S. Newton Street—Jasper, Indi-

**REMINDER:**  
TSHMO yearly  
membership **DUES** of  
**\$20.00** are payable at  
the beginning of each  
calendar year.

**Dues can be mailed  
directly to:**  
TSHMO Treasurer,  
7523 Doe Lane  
Henderson, KY 42420



May today there be peace within.  
May you trust God that you are exactly where you are meant to be.  
May you not forget the infinite possibilities that are born of faith.

**Send additions for  
newsletter to**

**TSHMO**  
tshmo2011@gmail.com

**Or call**  
**812-483-1047**

Contact us at [www.tristatehealthministry.org](http://www.tristatehealthministry.org)

## 25th Annual Westburg Parish Nurse Symposium

### One of the breakout sessions that Lanet Owen attended was Planning for the Future:

How to Facilitate End of Life Conversations. Deborah Ringen RN, MSN, FCN explained only 25% of American have put their medical care wishes in writing.

She stressed the important role faith community nurses can have by implementing programs regarding ADVANCE CARE PLANNING which includes legal documents and having conversation about end of life preferences and values.

The FCN role should: strive to improve Advanced Healthcare Directive (ACHD) completion with appropriate language to communicate patient values, beliefs and preferences for end of Life care. facilitate patient/agent/physician communication to improve patient/agent congruence in decision-making to decrease stress.

Education must be culturally, ethnically, religiously relevant.

Deborah introduced the following tools that can be used to help facilitate End of Life decision making.

- “Five Wishes: <http://www.agingwithdignity/five-wishes.php>
- “Talking it Over” California Coalition for Compassionate Care
- Respecting Choices ® Gundersen Lutheran Medical Foundation
- Go Wish Cards <http://www.codaalliance.org>
- Thinking ahead: My way, my choice, my life at the end.

<http://www.capolst.org/advance-health-planning-php>

Your Life Your Choices. Pearl, R. , Starks, H., Cain, K., Cole W., Rosengren D., & Patrick, D., (n.d.).

As FCN we need to be able to answer the question, Why Plan?

- 50% of people won't be able to participate in their own end-of- life decisions.
- When health professional are uncertain, default=treat.

If haven't spoken with patient, hard to predict wishes.

Lastly, this is very brief synopsis of the session. Remember that Advance Care Planning .... a process.

As FCN we need to educate ourselves by seeking out other professionals that can assist us in implementing End of Life Conversations.

2011 Westburg Symposium Attendees  
from TSHMO; Evansville and Jasper

Picture: From Left to Right:

Front: Sister Renee Cunningham, Lanet Owen,  
Brenda Schmett

Back: Amy Hanson, Karen Claise, Mary Wayne  
and Heidi Ehrhard



## Westburg Symposium Comments from Amy:

Westburg Symposium, 2011

Did you realize in over 90% of the nation indicate that they utilize religion as a coping skill? Dr. Henry Keating was a key note speaker at the Westburg Symposium, this past fall. His statistics and emphasis on the church meeting the needs of the sick and elderly were insightful and challenging to Faith Community Nurses in attendance. In addition to key-note speakers, breakout sessions were also informative. I attended sessions on sustainability, building an effective lay ministry, family health promotion, and then and now history of parish nursing. Each breakout session had motivational speakers, tools and resources for implementing their ideas, and an opportunity to take what I was learning and apply to my individual setting. Of the break-out sessions I attended, the one on Sustainability had the greatest impact. We often see health ministries begin and thrive but as the years progress, leadership may lose interest, retire, or become overwhelmed with the ministry they developed. Faith Community nurses need encouragement, accountability, and to have identifiable results. Through the TSHMO, Welborn Baptist Foundation, and Jasper Memorial Hospital, we have a wealth of information and encouragers. I was challenged to look at how we can continue to motivate churches, health ministries, and Faith Community nurses to build and enhance their programs.

The symposium is one way of helping us sustain our ministry and I would encourage Faith Community Nurses to look at attending the 2012 symposium.

### Westburg group celebration



### Lanet Owen with Ask Me 3



### Comments from Brenda:

I really enjoyed attending the Westburg Symposium in September. I attended sessions on Story Telling, Using Music in your Healing Ministry, Building Rapport, and the Importance of and How to Plan a Personal Retreat. These sessions provided a lot of integrative principles to help with our mind, body, spirit approach in taking care of our faith communities.

Overall, I received great information, met a bunch of great people, and had a very positive experience.

### Comments from Mary:

One of my favorite experiences was the relationship to Shalom to storytelling. 'To be human is to have a story to tell' and 'the story manifests shalom by being relational and by enabling you to experience the other'.

The sessions I attended were informative; One was on Qualitative research of Parish Nurses and another was a New Zealand organization of Parish Nurses supported by Primary Health organizations then a zumba exercise.

**Welborn Baptist Grant Funding (WBF) fulfilled in 2011; funding not allocated during the year was approved by WBF to be used for:**

- 1. The purchase of 35 copies of the New Scope and Standards of Practice for Community Nursing at the AMA cost of approximately \$17.00 a copy.  
\*\*7 copies to be available for TSHMO Board members and 28 to be given to the persons who completed the Parish Nurse Certification course at Kordes in 2010 and 2011 or the on line course through USI.**
- 2. The purchase of the new 2011 American Heart Association CPR Friends and Family DVD and Instruction Manual and training materials which may be taught by any Parish Nurse regardless of their current AHA Instructor status.**

**Now that there are 4 Adult Manikins and 2 Infant Manikins made available through Deaconess Hospital Education department at no cost to Parish Nurses when requested through the TSHMO Board**

**The WBF Grant funding allowed TSHMO to purchase:**

- Parish Nursing/Health Ministry Tote bags for future trainings and programs
- Blood Pressure Card supplies for individual Health Ministry programs in the tri-state
- Ask Me 3 Brochures and laminated postings
- Handwashing Program handouts and laminated postings
- Handwashing black light box and supplies for training
- Speakers and speaker mileage for Advanced Trainings; Faith Community and Health Ministry Programs
- Westburg Symposium registration for TSHMO Members
- Nurse Coordinator Training for TSHMO Board member
- TSHMO Web Site development and update; [www.tristatehealthministry.org](http://www.tristatehealthministry.org)



The Peel to Save program has been a success—we anticipate enough profit to help fund our Spring training .

Final 2011 Profit \$430.00.

We have distributed an additional 100 cards to begin our 2012 fund raiser

A Special Thank you to Carol Havens for her assistance with TSHMO in the years she served as Health Ministry Coordinator at Welborn Baptist Foundation. Carol has provided training to most of the current Faith Community Nurses and Health Ministry Programs within the Tri-state and has been instrumental to their

Success and Sustainability.

Blessings for your future endeavors - we are forever grateful!

